



Gloucester County Nature Club Monthly Newsletter

www.gcnatureclub.org

Nature Club meetings are open to the public

September 2017

Program - The Legacy of Promise: James Still, Doctor of the Pines

Thursday, September 14, 2017 at 7:00pm at the Holy Nativity Lutheran Church, Wenonah, NJ

Presenter: Francine C. Still Hicks, Descendant

Program Coordinator: Rich Dilks 856-468-6342

"With one man's dream, many souls became inspired by his journey. No obstacle in life can stop you from giving of yourself and living your dreams."

Francine C. Still Hicks

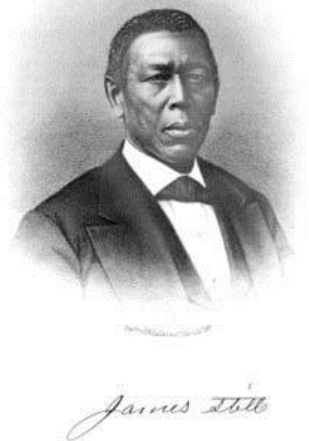
Our family's history is a conduit; transferring our biological make-up – and a spiritual foundation to build upon in our personal lives towards future generations. Knowing your family's history brings guidance – and a blueprint of our ancestors. We have been given a foundation through their imperfections – and perfections.

We honor our ancestors by building our legacy. With integrity – and humble service to humanity we continue their contributions to society.

My great-great-grandfather Dr. James Still of the Pine Barrens had a dream as a child to become a doctor. With obstacles standing in his way, the importance of his plant & herb-based practice and service to 1800's SJ knocked down walls and created his lasting legacy. His belief in the protective care of God – and of nature as a spiritual power, gave him the strength to fulfill his dream. Dr. James Still's empathized with the sick who were suffering in pain. The harsh remedies at that time used on sick patients caused greater suffering. Dr. James Still became inspired to find a way to relieve their pain with natural herbs. His passionate love for healing cured many people with a gentle touch – and a positive, healing whisper in the ear; *"You can heal yourself, have faith and believe."*

My presentation of Dr. James Still is to relay a message; "The Legacy of Promise" is within us. The history of Dr. James Still inspires us to grow with our communities – and humanity. Believe in yourself – and allow no obstacle to stand in your way. The day you were born; you were a legacy!

Directions: The Holy Nativity Lutheran Church is located just off Rt 553 (Woodbury-Glassboro Rd.) immediately south of the traffic light at Mantua Ave. The church parking lot can be accessed by entrances on either Woodbury-Glassboro Road or Lenape Trail (first left off of Mantua Ave).



Field Trip – Hike Oldmans Creek Preserve

Saturday, September 30, 2017 at 10:00am

Trip Leader: Philip Arsenault

Oldmans Creek Preserve is a 40-acre, wooded property in the town of Auburn, Oldmans Township, Salem County. The property was preserved in 2009 by the South Jersey Land and Water Trust with Green Acres funding. The property features 3000 feet of stream frontage on the tidal portion of the Oldmans Creek and tall, mature forest of tulip, red oak, and American beech.



Prior to preservation, the property was owned by Mr. and Mrs. MacKannan. From 1968 to the 1980s, the MacKannans ran a private campground called Auburn Hills. The MacKannans purchased the property in 1968 from the Cumberland County Boy Scouts who ran a boy scout campground called Camp Kimble from 1937 to 1968. The property has historical uses dating back to the 1790s. The attractions to the property are its mature forest which includes remnants of an old growth red oak-beech forest. Most recently, a pileated woodpecker has taken up residence on the property.

Our guide is a member of the South Jersey Land and Water Trust and has extensive knowledge of the tract. The property features dirt trails with steep grades. Please wear appropriate footwear and expect to hike up and down steep hills.

The address for the property is 21 Main Street, Auburn, NJ 08085 (aka Auburn Road coming from Swedesboro).

MEETUP: In order to reach members with the most up to date field trip information we are asking everyone who is able to sign up for the Gloucester County Nature Club Meetup site. By accessing the site at www.meetup.com/Gloucester-County-Nature-Club/ or using the QR Code to the right, you will be directed to the site. Once you are signed up on the site you will receive up-to-date information on upcoming trips, meetings, events, and fun walks. If you attend field trips you should consider joining Meetup even if you receive the newsletter electronically.



Nature Notes

Events by other Organizations: September 2017

- Now through September 10th (Sunday) **Photo Exhibition: Magic and Mystery - New Jersey's Pinelands** Albert D. Horner, Pinelands Photographer. North Gallery, Riverfront Renaissance Center for the Arts (22 N, High St. Millville, NJ 08332 856-827-4500. Call or see <http://www.rrcarts.com/> for details.
- September 10, 2017 (Sunday) - **Jersey Fresh Dinner** - 4:00pm.at Old Pine Farm Natural Lands Trust, Deptford. Fundraiser celebrates the one year anniversary of the organic gardening/nature/community center!!!! Enjoy good food, good company and good entertainment. Music with The Treehouse Seisiun. Fresh pawpaws and pawpaw desserts. Free-will donation for House and Land Trust. Rain or Shine at: Willoughby House , 340 Pine Ave. Deptford NJ 08096. RSVP if possible but not necessary. Call Sally 856 889 4160
- September 18 (Sunday) - **Autumn with the Animals.** At Woodford Cedar Run Wildlife Refuge (4 Sawmill Road, Medford NJ) from 11:00am to 4:00pm. Autumn with the Animals remains a much-anticipated fall family tradition here in Southern New Jersey. Children and adults of all ages enjoy our wildlife programs, live music, guided nature hikes, canoeing, games, crafts, food and fun! We look upon this day as a way for our members and friends to reconnect with each other and the environment. For additional information and directions, visit www.cedarrun.org.

- September 23 (Saturday) - **Hoot, Waddle & Stroll 5K Trail Run & 1 Mile Walk.** 9:00am. This will be a fun, family fundraising event on September 23 at Woodford Run Wildlife Refuge (4 Sawmill Road, Medford NJ). The 3rd Annual Hoot, Waddle and Stroll 5K Trail Run & 1-Mile Stroll is a fun-filled, family-oriented event to support Woodford Cedar Run Wildlife Refuge. Cedar Run Refuge, located in the Pinelands of Medford Township, cares for nearly 4,000 animals annually and is also dedicated to educating children about the importance of conserving our shared habitats. Cedar Run also aims to promote outdoor health and wellness for all ages. For details, visit www.cedarrun.org.

The following events take place at the Scotland Run Nature Center in Clayton. For details and to register for programs, call the center at (856) 881-0845. All events are free.

- Kid's Free Fishing Contest: Saturday 9/9 at 8:30am
- Scout Saturday: Saturday 9/9 at 10:00am
- Family Fun / Nature Explorers – Canoes and Kayaks: Saturday 9/16 at 10:00am.
- Nature Tots: Tuesdays at 9:00am:
 - 9/12 - Insect Safari
 - 9/19 - Lake Study
 - 9//26 - No Pick Scavenger Hunt

Natural Events for the month of September

- The last brood of monarch butterflies emerges and flies south to Mexico.
- Black gum foliage turns red - first tree to get its autumn color.
- Wild grapes ripen - not all of them are sour.
- Turtle eggs hatch and hatchlings emerge and head for the nearest water.
- Robins begin to join together in large flocks
- Most hummingbirds depart by the end of the month
- Bats busy feeding – building fat reserves for hibernation and migration.
- Broad-winged hawk migration peaks in mid-month - plan a visit to a hawk lookout.



Conservation Corner by Suzan Delozier

Due to computer difficulties, Suzan was unable to provide Conservation info this month. Conservation Corner will return again next month.



Looking Ahead:

Listed below are the programs we have lined up for the 2017-2018 season. Meeting dates are the **second** Thursday of the month.

September 14, 2017: **The Legacy of Promise: James Still, Doctor of the Pines** - Francine C. Still Hicks

October 12, 2017: **Pack-rafting the Escalante: Rafting and Backpacking a Desert River** - Kris and Erik Mollenhauer

November 9, 2017: **Winter Wildlife of the Yellowstone Ecosystem** - Larry Lyons

December 14, 2017: **Birds of New Jersey's Winter Landscape** - Dale Rosselet, VP for Education, NJ Audubon

January 11, 2018: **Biking across the Eastern Continental Divide: Pittsburgh to Washington DC** - Scott Barnes, Kris and Erik Mollenhauer

February 8, 2018: **Annual Pot Luck Dinner plus Members' Show & Tell and Story Sharing**

March 8, 2018: **Salt Marshes of Delaware Bay** - Zach Nickerson, The American Littoral Society

April 12, 2018: **Exploring the Birds of Ecuador** - Marilyn Henry and Jeff Mollenhauer.

May 10, 2018. **Annual Plant Sale** followed by **Program: Pollinators and the Plants They Pollinate** - Joe Kiefer, Triple Oaks Nursery

June 10, 2018: **GCNC Annual Picnic** at The Village Dock Campground, Franklinville, NJ, followed by Program: **The Plight of the Bobwhite and Our Efforts to Save It** - South Jersey Quail Project

2017-2018 GCNC Field Trips

Listed below are the field trips we have lined up for the new season. Changes and additions are not impossible. If you would be able and willing to lead an additional field trip, please contact Paula Hayes at pnbhayes@gmail.com.

September 30, 2017 - **Hike Oldmans Creek Preserve**

October 6, 2017 - **Drum Circle at Tall Pines**

November 4, 2017 - **Moonlit Hike and Campfire at Scotland Run Park**

December 16, 2017 - **Christmas Bird Count**

January 20, 2018 - **Birding Along the Delaware River**

February 2018 - **Hike in Franklinville**

March 2018 - **Hike in Wissahickon**

April 2018 - **Bird Quest Trainings**

May 5, 2018 - **Bird Quest**

June 15, 2018 - **Horseshoe Crab Walk**

Club Notes:

- If you'd like to receive the newsletter electronically or receive more info about the club please email Karen Kravchuck at blackbirdsinging@hotmail.com or call 609-617-6693 (cell).
- The Nature Club is always looking for ideas for future programs and field trips. Please contact the program or trip coordinator if you have ideas or would like to help.
- Information for the next newsletter should be sent to Barry Bengel at sharkeyes@comcast.net or GCNC Newsletter, PO Box 563, Sewell, NJ 08080 by the 15th of the preceding month.
- The September Executive Committee meeting will be held on Sunday September 9th at the home of Ed Cleary. Please contact Karen Kravchuck for more information.

Remember to help out the Gloucester County Nature Club



Shopping at Amazon can also benefit the Gloucester County Nature Club at **NO extra cost** to you!

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from nearly one million organizations to support.

The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases. The purchase price is the amount paid for the item minus any rebates and excluding shipping & handling, gift-wrapping fees, taxes, or service charges. You may even use your existing Amazon.com account for your purchases.

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Reminder - Membership Dues

September brings with it membership renewals. This year we will be keeping the price the same as last year. Please remember that your dues are the only costs associated with being a club member, we do not charge for any of our programs or field trips. Many organizations charge their members for each walk or activity they attend. We believe that the club is still an excellent value and hope the added cost will not deter any of our members. It is much cheaper for us to send the newsletter electronically to our members and as a result those members who choose to receive the newsletter electronically will receive a discount on their membership. The dues are \$20 for electronic mailings and \$25 for regular mail delivery. Please fill out the membership form at the end of this newsletter and bring it along with your dues to the September Meeting, or send your renewal form and a check payable to "Gloucester County Nature Club" to: GCNC Membership, P.O. Box 563, Sewell, NJ 08080.

You may also sign up and pay your membership dues electronically via PayPal. Just go to <http://gcnatureclub.org/membership.php> and fill out the online form.

WAIVER

Gloucester County Nature Club and/or its leaders, officers, members or representatives shall not be liable for any injuries, loss or damage to person and/or property, direct or consequential, arising out of any trips and/or activities of the Gloucester County Nature Club. The assumption of risk, which is inherent in this type of outdoor activity, is implied on the part of each person who attends any Gloucester County Nature Club trip, and every person participating in any of said trips and/or activities assumes all risk and liability in connection therewith.

Everyone participating in any activity of the Gloucester County Nature Club will be required to read the release of liability, protecting the Gloucester County Nature Club and/or its leaders, officers, members and representatives from liability.

Gloucester County Nature Club and/or its leaders, officers, members and representatives are not in any way responsible for the personal safety of the attendees. When walking along a road, keep to the left, facing oncoming traffic and walk in a single file. When walking along trails, do not follow too closely or move too fast for your safety and for the safety of others (avoid collisions and/or whipped branches). FOLLOW THE LEADER: If you forge ahead, you may find yourself alone. Responsible adults must accompany children under the age of 16. If you expect to drop out of the group early, please inform the leader. Report to one or more of the hikers if you intend to discontinue on the route.

MEMBERSHIP APPLICATION 2017-2018

- New Member Renewal
- Paper Membership (\$25) - regular mail
- Electronic Membership (\$20) - newsletter via email; ***please provide email address below

Name: _____

Street: _____

City/State/ZIP: _____

Phone: _____ ***Email Address: _____

Please note any special knowledge you would be willing to share: _____

Would you be willing to serve on a committee? If so, which committee(s): _____

Are there other ways you could participate? If so, how? _____

Would you like to give a gift membership? If so, indicate Paper ____ or Electronic ____

Name: _____

Street: _____

City/State/ZIP: _____

Phone: _____

A note will be sent informing them of your gift membership in the GCNC, thank you.

I HAVE READ AND UNDERSTAND THE ABOVE WAIVER

Signature: _____ Date: _____

Please mail completed form with payment to GCNC, PO Box 563, Sewell, NJ 08080 or bring to a meeting.